


Talking Food Card Deck

45 questions to help start conversations about food and food poverty.



Ben, engagement professional

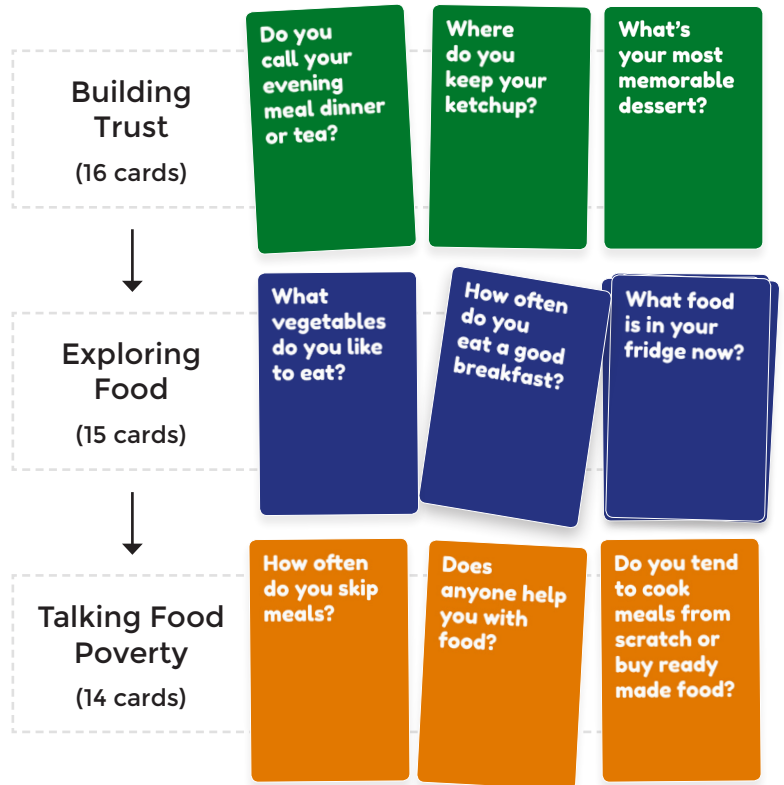
This card deck was co-designed over many discussions with young people, professionals and experts with lived experience of food poverty.

Use them 1-to-1 or with groups.



Penny, expert by experience

You have to build trust before you can ask difficult questions, so we've included three kinds of questions to help you get to know people over a cuppa.



Suggestions for use...

Yes Please/No Thanks


- With a group or just one person, ask them to pick question cards that they would or would not answer from the 3 categories.
- The questions people pick can be as interesting as asking directly for answers to the questions.

Mix It Up

- Use the question cards with other Tools for Food Stories like 9 Days.
- Other tools printed on paper could give you a handy place to draw or write people's answers - you can then take a photo as a record of the conversation.

Share your #foodstories

If these tools work for you, please share a photo or a message on Instagram, Twitter, or email



Freya, young activist

I've tried these cards one after another to do an interview...
...it was super boring

They are much better as conversation starters than Q&A